**LESSON-PLAN (Session 2024-25) Even Semester**

**Name of Professor: Dr. Shreshtha Muraal Class: B.A. 6th Sem.**

**Subject: Home Science Paper: Human Development**

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| **Sr. No.** | **Days** | **Topics to be covered** | **Remarks if any** |
|  | **01-01-2025 to 15-01-2025** | 1. **Child Psychology- Definition, aims, subject matter, objectives of studying.** | **Group Discussions after completion of topic.** |
|  | **16-01-2025 to 31-01-2025** | 1. **Learning- Meaning, importance, Method of Learning, Factors affecting learning.** 2. **Intelligence- Definition, Measurement of Intelligence.** | **Students’ Presentations** |
|  | **01-02-2025 to 15-02-2025** | 1. **Personality Development: Definitions, Types and Factors affecting the development of personality.** 2. **Play: Definition, Features and Types of play. Difference between work and play. Importance of play in childhood.** | **1st Assignment** |
|  | **01-03-2025 to 08-03-2025** | 1. **Stages of Development of the child, characteristics of: Infancy, Childhood, Adolescence, Problems of an adolescent child, role of parents and teacher is solving them.** | **Test after completion of topic.** |
|  | **09-03-2025 to 16-03-2025** | **Holi Break** |  |
|  | **17-03-2025 to 31-03-2025** | 1. **The Expectant Mother- Signs of Pregnancy, Discomforts, Care** 2. **Care of the New Born Infants.** | **2nd Assignment** |
|  | **01-04-2025 to 15-04-2025** | 1. **Feeding of the Infants- Breast feeding vs Artificial Feeding** 2. **Weaning- Meaning, importance, Methods** | **Videos related to the topic will be shared.** |
|  | **16-04-2025 to 25-04-2025** | 1. **Common Ailments of Childhood- Cold, Cough, Fever, Digestive Disturbances. Skin Infection- Prickly Heat and Allergy, Convulsions** | **Sessional Test** |
|  | **26-04-2025** | 1. **Revision** |  |

\*Vacation as per university calendar

\*Assignments and unit test will be taken as per schedule.