**Tentative Activity Planner**

**Session 2024-25**

**Department of Psychology**

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| --- | --- | --- |
| **S. No.** | **Month** | **Activity** |
| 1. | August |  Extension Lecture/Worksho |
| 2. | 1 to 8 September | Wellness Week: Nourishment & Thrive (Body Image & Eating Disorder Awareness Week with National Nutrition Month Celebration) |
| 3. | 10 October 2024 | Beyond Stigma : Mental Health Awareness and Support programs |
| 4. | January,2025 | Science Exhibition |
| 5. | February | Nukkad Natak/Quiz/debate |

 

Dr. Punam Devi Bagi

HOD, Deptt. of Psychology

**Session: 2024-2025**

**Course Outcomes:**

**Subject Psychology**

**Semester I**

**Name of the Course: Foundations of Psychology**

**Course Code B23-PSY-101**

After completing this course, the learner will be able to:

1. Demonstrate an understanding of foundational concepts of psychology and human behaviour.

2. Understand the structure and function of sensory processes.

3. Comprehend theoretical concepts of emotion and motivation.

4. Understand various theories and factors affecting personality and intelligence.

5. Conduct experiments and tests related to Foundations of Psychology

**Multi-Disciplinary course**

**Semester I**

**Name of the Course: Understanding Psychology**

**Course Code B23-PSY-104**

Course Learning Outcomes (CLO): After completing this course, the learner will be able to:

1. Provide basic understanding about historical development and domains of psychology.

2. Get understanding of study methods of psychology.

3. Acquaint the students with learning process in psychology.

4. Acquaint the students with memory process in psychology.

5. Conduct experiment on learning and memory.

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 **HOD, Deptt. of Psychology**

**Session: 2024-25**

**Introduction**

Subject Psychology

Semester II

Name of the Course **Social Psychology**

Course Code B23-PSY- 201

Course Learning Outcomes (CLO): After completing this course, the learner will be able to:

1. Demonstrate an understanding of the foundational concepts of social behaviour and methods of study.

2. Demonstrate understanding of socialization process, person perception and attitudes.

3. Acquaint with interpersonal attraction, pro-social behaviour and aggression.

4. Understand the concept of leadership and dynamics of group and collective behaviour.

5. Acquaint with different types of psychological test related to social phenomenon.

**Session: 2024-25**

**Multi-Disciplinary Course**

Subject Psychology

Semester II

Name of the Course **Understanding Abnormal Behaviour**

Course Code B23-PSY-203

Course Learning Outcomes (CLO):

After completing this course, the learner will be able to:

1. Acquaint with the abnormal behaviour and its criteria and characteristics.

2. Understand models of abnormality.

**3.** Gain knowledge about anxiety based and mood disorders.

4. Understand the concept of psychotherapies.

5. Develop skill to apply the psychological tests for assessment.

 

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Associate Prof. of Psychology ,

Subject : Psychology

Session: 2024-25

Semester III

Name of the Course: **Experimental Psychology**

Course Code B23-PSY-301

Course Learning Outcomes(CLO):

After completing this course, the learner will be able to:

1. Develop understanding regarding experimental procedure and perception.

2. Develop an understanding regarding nature and methods of classical psychophysics.

3. Acquaint with processes of Learning and Memory.

4. Acquire understanding regarding Problem Solving and elementary Statistics.

5. Conduct experiments related to their theory paper.

**Session: 2024-25**

**Subject Psychology**

**Semester IV**

Name of the Course: **Developmental Psychology**

Course Code B23-PSY-401

Course Learning Outcomes(CLO):

 After completing this course, the learner will be able to:

1. Develop understanding regarding concepts, process, domains and different perspectives of human development.

2. Grasp understanding of beginning of human life and birth process.

3. Inculcate knowledge regarding nature of development across life Span

4. To understand the transitional processes during adolescence and old age.

5. Conduct tests related to their theory paper.

 

 Dr.Punam Devi Bagi

 Associate Prof. of Psychology,

. **B.A. (General Psychology)**

**PROGRAMME OUTCOMES (POs)**

PO 1 Demonstrate a detailed knowledge and understanding of selected fields of study in core disciplines in the humanities, social sciences and languages;

PO 2 Apply critical and analytical skills and methods to the identification and resolution of problems within complex changing social contexts.

PO 3 Demonstrate a general understanding of the concepts and principles of selected areas of study outside core disciplines of the humanities, social sciences and languages;

PO 4 Apply an independent approach to knowledge that uses rigorous methods of inquiry and appropriate theories;

PO 5 Articulate the relationship between diverse forms of knowledge and the social, historical and cultural contexts that produced them;

PO 6 Communicate effectively and show ability to read, write, listen to and speak in a chosen language/s with fluency;

PO 7 Act as informed and critically discerning participants within the community of scholars, as citizens and in the work force;

PO 8 Work with independence, self-reflection and creativity to meet goals and challenges in the workplace and personal life.

**PROGRAMME SPECIFIC OUTCOMES (PSOs)**

PSO1 Students will be able to acquire and explore understanding of different theoretical concepts for study of human behaviour

PSO2 Students will be able to acquire understanding of main psychological processes, domains of human development and theoretical understanding of various mental disorders.

PSO3 Students will be able to handle psychological tools and demonstrate ethical application of skills in Psychological testing, Counselling and other helping areas.

PSO4 Students will be able to have empirical understanding of different psychological phenomena for promotion of health and well -being.

 

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**Lesson Plan**

**Department of Psychology**

**Session (2024-2025) Odd Semester**

**Lesson plan B.A 1st Semester**

Foundation of Psychology

|  |  |  |
| --- | --- | --- |
| Week | Topic to be Covered | Remarks |
| **22-30 July 2024** | Nature and Scope of Psychology, Psychology as a science  | Group Discussion |
| **1-8 August 2024** | Present status, Psychology in India Methods to study Behaviour : Interview,  |  Test after completion of the unit |
| **9-17 August 2024** | Case Study, Experimental Method Sensation: Nature  | Presentation |
| **19-24 August 2024** | Sensation: Characteristics and types. | Presentation |
| **27-31 August 2024** | Structure and functions of Visual & Auditory sensation. | Presentation |
| **2-7 September 2024** | Revision  | Presentation |
| **9-14September 2024** | Attention: Nature and characteristics. | GROUP DISCUSSION |
| **16-21 September 2024** | Emotion: Nature, Characteristics |  |
| **24-30September ,2024** | Theories of Emotion : James-Lange Theory | Presentation |
| **1,4,5,7-12, October 2024** | Cannon and Bard, Schechter and Singer. | Presentation |
| **14-19 October, 2024** | Motivation: Need, Drives and Incentives:  | GROUP DISCUSSION |
| **21-26 October, 2024** | Biological and Social Motives. | Presentation |
| **4-9 November ,2024** | . Personality: Nature, Factor Affecting | TEST |
| **11-16November ,2024** | Theories: Allport, Eysenck and Cattell | TEST |
| **18-22 November,2024** | Seminar, revision, Mid Term | GROUP DISCUSSION |



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**Lesson Plan**

**Department of Psychology**

**Session (2024-2025) Odd Semester**

**Lesson plan B.A 3rd Semester**

Experimental Psychology

|  |  |  |  |
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| SR.No. | Week | Topic to be Covered | Remarks |
|  | **22-30 July 2024** | Experimental Psychology: nature and Historical Development.  | Group Discussion |
|  | **1-8 August 2024** | Experimental Method |  TEST AFTER COMPLETION OF THE UNIT |
|  | **9-17 August 2024** | Perception:Nature and cherecteristics  | PRESENTATION |
|  | **19-24 August 2024** | Perception of Forms | Presentation |
|  | **27-31 August 2024** | Depth and Movement perception | Presentation |
|  | **2-7 September 2024** | Revision  | Presentation |
|  | **9-14September 2024** | Psychophysics: Nature, concept of Cntinum and problems | GROUP DISCUSSION |
|  | **16-21 September 2024** | Metods of Psychophysics: metod of limits |  |
|  | **24-30September ,2024** | Constant Stimuli, Average error. | Presentation |
|  | **1,4,5,7-12, October 2024** | Learning: definition, factors affecting | Presentation |
|  | **14-19 October, 2024** | Theories of learning: trial and error,insight  | GROUP DISCUSSION |
|  | **21-26 October, 2024** | Classical conditioning, memory: process | Presentation |
|  | **4-9 November ,2024** | Thinking: nature and types, problem solving :nature | TEST |
|  | **11-16November ,2024** | Stages of problem solving. | TEST |
|  | **18-22 November,2024** | Verbal learning : nature material metod and organizational processes | GROUP DISCUSSION |



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**Lesson Plan**

**Department of Psychology**

**Session (2024-2025) Odd Semester**

**Lesson plan B.A 5th Semester**

Psychopathology

|  |  |  |
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| Week | Topic to be Covered | Remarks |
| **22-30 July 2024** | Concept of Normality and Abnormality | Group Discussion |
| **1-8 August 2024** | Models of Psychopathology : Biological model |  TEST AFTER COMPLETION OF THE UNIT |
| **9-17 August 2024** | Psychodynamic model | PRESENTATION |
| **19-24 August 2024** | Behaviouristic model, Cognitive model | debate |
| **27-31 August 2024** | Classification of Psychopathology | Short answer question |
| **2-7 September 2024** | Revision | pp Presentation |
| **9-14September 2024** | Need of Classification  | GROUP DISCUSSION |
| **16-21 September 2024** | Diagnostic Assessment DSM- | Short question answer |
| **24-30September ,2024** | Anxiety Disorders: Symptom | Presentation |
| **1,4,5,7-12, October 2024** | Anxiety Disorders: Symptom | Presentation |
| **14-19 October, 2024** | Anxiety Disorder: Consequences | GROUP DISCUSSION |
| **21-26 October, 2024** | Schizophrenia: Nature | Presentation |
| **4-9 November ,2024** |  Schizophrenia :Types and Causes | TEST |
| **11-16November ,2024** | Mood Disorders: unipolar | TEST |
| **18-22 November,2024** | Mood disorder: Bi-Polar | GROUP DISCUSSION |



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**Lesson Plan**

**Department of Psychology**

**Session (2024-2025) Odd Semester**

**Lesson plan B.A 1st Semester**

Understanding Psychology (MDC)

|  |  |  |  |
| --- | --- | --- | --- |
| SR.No. | Week | Topic to be Covered | Remarks |
|  | **22-30 July 2024** | Nature and Fields of Psychology, Emergence of Psychology as a science  | Group Discussion |
|  | **1-8 August 2024** | Historical background of Psychology |  TEST AFTER COMPLETION OF THE UNIT |
|  | **9-17 August 2024** | Interview, case study,  | PRESENTATION |
|  | **19-24 August 2024** | Observation,  | test |
|  | **27-31 August 2024** | Experimental Method | test |
|  | **2-7 September 2024** | Revision | Presentation |
|  | **9-14September 2024** | Learning: Nature and Factor Affecting | GROUP DISCUSSION |
|  | **16-21 September 2024** | Classical conditioning |  Short Q&A |
|  | **24-30September ,2024** | Instrumental conditioning | Presentation |
|  | **1,4,5,7-12, October 2024** | Memory: nature, factor’s affecting memory | Presentation |
|  | **14-19 October, 2024** | History of psychology | GROUP DISCUSSION |
|  | **21-26 October, 2024** | Psychology as a science | Presentation |
|  | **4-9 November ,2024** | Short question answer | TEST |
|  | **11-16November ,2024** | Memory revision | TEST |
|  | **18-22 November,2024** | Seminar, revision, Mid Term | GROUP DISCUSSION |



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