

## **Course Outcome**

### **Session 2022-23 (Even Semester)**

**Name of Professor:** Dr. Rajbir Singh

**Subject:** Health and Physical Education

**Class:** BA (Bachelor of Arts)

### **Course Outcome**

**B.A (Physical Education) or Bachelor of Arts** in Physical Education is an Under-Graduate Physical Education course. The Bachelor of Arts in Physical Education degree combines studies in all areas of science related to physical knowledge and abilities, as well as the application of these talents and their outcomes.

In other words, a Bachelor of Arts in Physical Education degree provides a solid foundation in physical education while also covering all of the fundamentals of physical fitness and basic anatomy. The study of physical fitness, which encompasses leisure exercise, sports, and health, is the focus of a Bachelor of Arts in Physical Education. Candidates who complete the course have a variety of employment alternatives as well as opportunities for additional education.